

# Garfield Menu, November, 2024

## BREAKFAST

4 Cereal Hot or Cold	5 Egg Sandwiches	6 Whole Grain Muffins	7 Potatoes and Eggs	8 French Toast
11 VETERAN'S DAY (NO SCHOOL)	12 Egg Sandwiches	13 Whole Grain Muffins	14 Potatoes and Eggs	15 Pancakes
18 Cereal Hot or Cold	19 Egg Sandwiches	20 Whole Grain Muffins	21 Potatoes and Eggs	22 Waffles
25 FALL BREAK (NO SCHOOL)	26 FALL BREAK (NO SCHOOL)	27 FALL BREAK (NO SCHOOL)	28 FALL BREAK (NO SCHOOL)	29 FALL BREAK (NO SCHOOL)

Fresh fruit, yogurt, and milk are offered daily

Cream cheese and nut/seed butters are available as well as egg substitutes

Milk substitute available

**No Cost/Free Meals**

## LUNCH

Pizza	Pasta	Classic	Cultural	Soup/Sandwich
4 Pizza –Cheese, Pepperoni, or Sausage	5 Herb Parmesan Linguini w/chicken	6 Baked Potato with Chili	7 Pork Verdé with Tortillas	8 Leek & Potato Soup Cheese Sandwich
11 VETERAN'S DAY (NO SCHOOL)	12 Macaroni & Cheese	13 Meatloaf with Mashed Potatoes	14 Burritos	15 Thai Chicken with rolls
18 Pizza – Cheese, Pepperoni, or Sausage	19 Lasagna with Garlic Bread	20 Cheesesteak Sandwiches with Fries	21 Enchiladas with Rice and Beans	22 Turkey Soup with Biscuits
25 FALL BREAK (NO SCHOOL)	26 FALL BREAK (NO SCHOOL)	27 FALL BREAK (NO SCHOOL)	28 FALL BREAK (NO SCHOOL)	29 FALL BREAK (NO SCHOOL)

Fresh fruit, vegetables, and milk offered daily

Every meal can be ordered vegetarian

All meals can be prepared allergen free

**No Cost/Free Meals**