

Garfield School Menu, December, 2024

BREAKFAST

2	3	4	5	6
Cereal Hot or Cold	Egg Sandwiches	Whole Grain Muffins	Potatoes and Eggs	French Toast
9	10	11	12	13
Cereal Hot or Cold	Egg Sandwiches	Whole Grain Muffins	Potatoes and Eggs	Pancakes
16	17	18	19	20
Cereal Hot or Cold	Egg Sandwiches	Whole Grain Muffins	Potatoes and Eggs	French Toast
23	24	25	26	27
HOLIDAY BREAK (NO SCHOOL)	HOLIDAY BREAK (NO SCHOOL)	HOLIDAY BREAK (NO SCHOOL)	HOLIDAY BREAK (NO SCHOOL)	HOLIDAY BREAK (NO SCHOOL)

Fresh fruit, yogurt, and milk are offered daily
 Cream cheese and nut/seed butters are available as well as egg substitutes Milk substitute available

No Cost/Free Meals

LUNCH

Pizza	Pasta	Classic	Cultural	Soup/Sandwich
2	3	4	5	6
Pizza –Cheese, Pepperoni, or Veggie Combo	Autumn Pasta w/chicken	Fish and Chips	Ramen with Pork and Eggs	Black Bean Soup w/Cheese Sandwiches
9	10	11	12	13
Pizza – Cheese, Pepperoni, or Veggie Combo	Baked Ziti	Beef Stew	Chicken Parmesan Sandwiches	Chicken Noodle Soup w/Rolls
16	17	18	19	20
Pizza – Cheese, Pepperoni, or Veggie Combo	Beef Stroganoff	Chili with Beef & Polenta	Egg Fried Rice with Pork	Pumpkin Soup w/Turkey Sandwiches
23	24	25	26	27
HOLIDAY BREAK (NO SCHOOL)	HOLIDAY BREAK (NO SCHOOL)	HOLIDAY BREAK (NO SCHOOL)	HOLIDAY BREAK (NO SCHOOL)	HOLIDAY BREAK (NO SCHOOL)

Fresh fruit, vegetables, and milk offered daily
 Every meal can be ordered vegetarian All meals can be prepared allergen free

No Cost/Free Meals