## Garfield School Menu ~ March, 2025

## BREAKFAST

3	4	5	6	7
Cereal	Egg/Cheese	Potatoes and	Whole Grain	French Toast
Hot or Cold	Sandwiches	Eggs	Muffins	
10	11	12	13	14
Cereal	Egg/Cheese	Potatoes and	Whole Grain	French Toast
Hot or Cold	Sandwiches	Eggs	Muffins	
17	18	19	20	21
Cereal	Egg/Cheese	Potatoes and	Whole Grain	French Toast
Hot or Cold	Sandwiches	Eggs	Muffins	
24	25	26	27	28
Cereal	Egg/Cheese	Potatoes and	Whole Grain	French Toast
Hot or Cold	Sandwiches	Eggs	Muffins	

Fresh fruit, yogurt, and milk are offered daily

Cream cheese and nut/seed butters are available as well as egg substitutes Milk substitute available

## **No Cost/Free Meals**

## LUNCH

Pizza	Pasta	Classic	Cultural	Soup/Sandwich
3	4	5	6	7
Pizza –Cheese, Pepperoni, or Olive	Ricotta Pasta Penne w/Chicken	Cheeseburgers and Fries	Fish Tacos	Chicken Soup and Rolls
10	11	12	13	14
Pizza – Cheese, Pepperoni, or Olive	Spaghetti with Garlic Bread	Roasted Lemon Chicken	Pad Thai	Broccoli Cheddar Soup/ Cheese Sammies
17	18	19	20	21
Pizza – Cheese, Pepperoni, or Olive	Herb Parmesan Pasta w/Chicken	Baked Potato and Chili Bar	Pork Verde with Tortillas	Chicken Soup and Rolls
24	25	26	27	28
Pizza – Cheese, Pepperoni, or Olive	Macaroni and Cheese	Meatloaf with Mashed Potatoes	Burritos	Black Bean Soup and Ham Sandwiches

Fresh fruit, vegetables, and milk offered daily

Every meal can be ordered vegetarian

All meals can be prepared allergen free